

# Support Groups

## Blue Ash

3<sup>rd</sup> Mondays 7pm  
Parkinson Community Fitness  
9687 Kenwood Rd, Blue Ash, OH 45242  
Cheryl Weisgerber 513-731-9272  
cherylmweisgerber@gmail.com

## Bridgeway Pointe

Last Saturdays Feb-Oct; 1<sup>st</sup> Sat in Dec  
11am-12noon Online  
Carol Simons 513-474-4441  
casimons003@yahoo.com

## Centerville

Last Wednesday 2:30pm  
St. Leonard Campus Franciscan Center  
8100 Clio Rd, Centerville, OH 45458  
Dawn Arrowhead 937-439-7145  
dawn.arrowwood@commonspirit.org

## Cincinnati Caregivers

1<sup>st</sup> Thursday 11:30am  
Slatts Restaurant  
4858 Cooper Rd, Cincinnati, OH 45242  
Patty Ahern 513-260-8495  
pdpatty42@gmail.com

## Crescent Springs

2<sup>nd</sup> and 4<sup>th</sup> Thursdays 1pm  
PeeWee's Place  
2325 Anderson Rd  
Crescent Springs, KY 41017  
Tim Lenihan 859-652-9733  
tjlenihan@zoomtown.com

## Dearborn County

2<sup>nd</sup> Thursdays 11am-12:30pm  
Aurora Recreation Community Center  
404 Green Blvd, Aurora, IN 47001  
Mary Beth Bialick 859-409-1810

## Evergreen

2<sup>nd</sup> Mondays 5:30-6:45pm  
230 W Galbraith, Cincinnati, OH 45215  
Elizabeth Grover 513-379-1196  
lovettgrover@gmail.com

## Florence

2<sup>nd</sup> and 4<sup>th</sup> Fridays 1:30pm  
Pee Wee's Playhouse  
2325 Anderson Road  
Crescent Springs, KY 41017  
John Anneken 859-743-3936  
JBAnneken@aol.com

## Friends & Family of PWP's

1<sup>st</sup> Wednesdays 7pm  
Location varies- Email for information.  
Julia Burks juliaingeburks@gmail.com

## Greene County

3<sup>rd</sup> Wednesdays 10:30am  
*must register in advance*  
Xenia Community Center  
1265 N. 2nd St, Xenia, OH 45385  
Leann Maury 937-376-5486

## Hamilton

3<sup>rd</sup> Mondays 6:30-7:45pm  
NeuroFit Gym  
4155 Tanya Trail, Hamilton OH 45011  
Denise Rieman 513-315-7857  
Steve 513-378-9440  
ParkinsonsLifeSteve@gmail.com

## Mason

ALL Thursdays 4:30-5:30pm  
Mason Community Center  
6050 Montgomery Rd, Mason, OH 45040  
Sandy Tinsler 513-456-3212  
pstinsler@gmail.com

## Miami County

2<sup>nd</sup> Wednesdays 1-2pm  
Monroe Senior Center  
528 S Hyatt St, Tipp City, OH 45371  
Tim and Mindy Drake 937-573-9098  
melindadrake@gmail.com

## Northern Kentucky Caregivers

3<sup>rd</sup> Tuesdays 10:30am  
Panera  
2911 Dixie Hwy, Crestview Hills, KY 41017  
Patty Ahern 513-260-8495  
pdpatty42@gmail.com

## Oxford

1<sup>st</sup> Thursdays 6:30-8pm  
Oxford Bible Fellowship, 2<sup>nd</sup> floor  
800 Maple St, Oxford, OH 45056  
Sara Penhale 513-593-0059  
sarap@earlham.edu

## Partners in Parkinson's Osgood

3<sup>rd</sup> Wednesdays 3:30pm  
Do Good Restaurant  
25 Main St, Osgood, OH 45351  
Shannon Parton 937-423-5689  
pdparkers.oh@gmail.com

## Partners in Parkinson's Trotwood

4<sup>th</sup> Thursdays 2:30pm  
Friendship Village  
5790 Denlinger Rd, Dayton, OH 45426  
Shannon Parton 937-423-5689  
pdparkers.oh@gmail.com

## PD Book Club

Fridays 1-1:45pm  
Parkinson Community Fitness  
9687 Kenwood Rd, Blue Ash, OH 45242  
Lisa Coors 513-233-2673  
lisa@coorscorefitness.com

## PD Coffee Talk

Fridays 10-10:45am  
Parkinson Community Fitness  
9687 Kenwood Rd, Blue Ash, OH 45242  
Lisa Coors 513-233-2673  
lisa@coorscorefitness.com

## Virtual Care Partners

2<sup>nd</sup> Mondays 1-2:30pm Online  
Mary Beth Bialick 859-409-1810  
info@parkinsoncincinnati.org

## Virtual Persons with Parkinson's

2<sup>nd</sup> Mondays 3-4pm Online  
Mary Beth Bialick 859-409-1810  
info@parkinsoncincinnati.org

## Working with PD

4<sup>th</sup> Thursdays 5:30pm Online  
Cheryl Wirtley cheryl@wirtley.com

## Young Onset

2<sup>nd</sup> Saturdays 12noon  
Alpha Neuro  
800 E Ross Ave, Cincinnati, OH 45217  
Adam Magee 859-609-2155  
alphaneurofitness@gmail.com

## A Note from PSW

If you have trouble getting in touch with support or exercise providers, or believe any information on this sheet is inaccurate, please contact Parkinson Support and Wellness at info@parkinsoncincinnati.org or 513-558-0113.

*We make every effort to ensure these listings are correct, but recommend contacting providers directly to confirm details before planning to attend any exercise or support group.*